

MAGGIE'S FAVORITE *workout bottoms*

Most importantly, you do **not** need to spend a small fortune to be comfortable & feel supported during your workouts! I have a stack of leggings about 4 feet high in my closet and only a few pairs that are a 'luxury' brand.

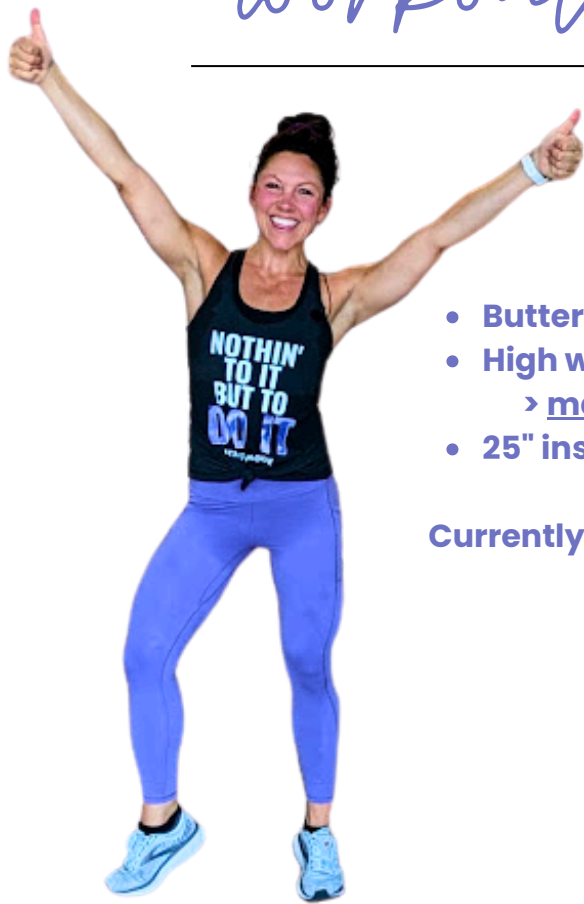
It can sometimes feel like it's what you need to be comfortable or perform better (thanks to marketing or social influencers)... but **truly** there are some stellar finds out there for under \$40 per piece (we're talking shorts & leggings here)!

I'd rather spend my bigger bucks on quality shoes, for example. Some things you need to spend up on... and quality shoes make an actual difference.

Leggings (& shorts) are not.

So let's check out my current favorites!

MAGGIE'S FAVORITE *workout bottoms*



- Buttery soft with light compression/support
- High waist with a seamless waistband
 - > mandatory if I'm wearing high waist!
- 25" inseam (7/8 length)

Currently have these in the color pictured & black

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- Buttery soft & stretchy fabric with light compression (so soft & complete freedom of movement!)
- High waist with a seamless waistband
- 25" inseam (7/8 length)

Currently have 5 pairs of these (I love them)

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MAGGIE'S FAVORITE *workout bottoms*

- Brushed, soft, second skin feel with light compression/support
- Available in mid- and high-rise (both with a seamless waistband)
- No front seam & minimal seams throughout
- 25" inseam (7/8 length) - other lengths available
- Product listing says 'hand wash. I do NOT. I wash as usual with my other workout clothes (hang to dry).

Currently have these in 3 colors.

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- Brushed, soft, smooth skin feel with supportive stretch
- High rise waist (seamless waistband)
- No front seam & minimal seams throughout
- 5" inseam (also available in 3" and 7")
- Same brand as above - I do NOT hand wash.

Currently have these 5 colors. The only workout shorts I'll wear these days!

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LET'S BE TWINSIES.



The links above go directly to the product listings for these leggings & shorts. If you want to see **ALL** of my "WEAR IT" favorites, including the current **shoes** I'm loving, click the button below.

MY "WEAR IT" FAVORITES LIST

Making your fitness routine excuse-proof with quick & effective workouts is my #1 priority.

But while you're putting in the work & sweating with me... why not compliment it by eating a little better, getting 24/7 support from myself and a private community (to keep you inspired, motivated & know you're never alone!) and fast-track to your goals with my monthly fitness groups?

I'm here to help with all of it.

Click the **JOIN MY CREW** button to the right for more info on everything included.

Sweaty hugs,
Maggie



JOIN MY CREW

(your first month is free)